

# Sessions Counseling, PLLC

## Mobile SMS Privacy Policy and Customer Consent Form

We may use SMS text messaging for certain types of communication with you, including billing, customer service, appointment reminders and other administrative requests.

Client full name: \_\_\_\_\_

Client mobile #: \_\_\_\_\_ (Optional)

Providing us with your mobile phone number is optional. It will not affect our services to you. By entering your phone number, you agree to receive informational SMS messages (appointment reminders, account notifications, etc.) from Sessions Counseling, PLLC. Message frequency varies. Message and data rates may apply. For help, reply HELP or send a secure message via your client portal. You can opt out at any time by replying STOP. See Privacy Policy & Terms and Conditions below.

### Messaging Terms & Conditions:

You agree to receive informational messages (appointment reminders, account notifications, etc.) from Sessions Counseling, PLLC. Message frequency varies. Message and data rates may apply. For help, reply HELP or send a secure message via your client portal. You can opt out at any time by replying STOP.

### Mobile SMS Messaging Privacy Policy:

#### Information collected:

We may collect information, such as name, phone number, and email address.

#### Use of information collected:

We may use the information we collect to perform the services requested including billing, customer service, appointment reminders and other administrative requests.

Sharing of information collected:

Mobile information will not be shared with third parties/affiliates for marketing/promotional purposes. This includes text messaging opt-in data and consent.

As a current or prospective customer, you understand that you can text us STOP at any time to opt out of receiving SMS text messages from us. You can text us HELP at any time to receive help. You understand that the messaging frequency may vary. Messaging & data rates may apply. All policies are followed as per CTIA guidelines 5.2.1. At any time if you want your information to be removed, you can contact us via our email address or regular mail.

You can contact us for any privacy related queries via our email address, secure client portal, or regular mail.

Our email address:

[lindseyrawlscounseling@gmail.com](mailto:lindseyrawlscounseling@gmail.com)

Our address:

30 Westgate Parkway, #158

Asheville, NC 28806

US

Client signature: \_\_\_\_\_

Date: \_\_\_\_\_